The Language of UDL: Shifting Mindset

Webinar
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Introducing the Presenters

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Mindset - Essential Question

How do I become more conscious of my own mindset and help others think about theirs?
Session Goals

**Identify** a UDL mindset and language

**Develop** language for reframing thinking and conversations

Your Goals

Write down on a post it

Share in the chat

Tweet #UDLmindset
“Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny.”

- Mahatma Gandhi
“Fear is the path to the dark side. Fear leads to anger. Anger leads to hate. Hate leads to suffering.”

- Yoda
Options for Today

Options for Perception:
- Webinar slides
- Website

Options for Action and Expression:
- Raise a hand, write in the chat,
- Tweet #CASTPL, #udlchat, #UDLMindset
- Stand, Sit, Walk, Stretch

Tools Needed for Expert Learning:
- Fidgets, Post-its, note taking device.
Personal Framing

Think of a time when someone clearly had a different mindset than you and you seemed to be talking past each other.
Your Goal

What’s your goal related to mindset today?
How do we make curriculum and all Tiered Interventions accessible to all learners?

- Universally Designed Tier One Instruction
- Universally Designed Tier Two Interventions
- Universally Designed Tier Three Interventions
Review The UDL Core Concepts

Architecture

Neuroscience

Guidelines
Review: The UDL Core Concepts

The Barrier is in the Environment

Neuroscience

Guidelines
The UDL Core Concepts

The Barrier is in the Environment

Variability is the Norm

Guidelines
The UDL Core Concepts

The Barrier is in the Environment

Variability is the Norm

The Goal is Expert Learning
Options for Representation

- Follow the large projection
- Concept Map
- Resources List
- Slides
Options for Action & Expression

Share your big ideas, questions, and comments.

- Raise a hand
- Jump in on the chat
- Tweet #NHUDL #UDLmindset
My Beliefs

● What do you believe about learners?

● What is your vision of an effective learner?
What is a Mindset?

- A short-cut for thinking
- A frame for attention, interpreting, speaking, and acting in the world
- A changeable way of looking at the world
What is a worldview?

- A way of seeing the world
- Based on your fundamental values
- Slower to change
Aspects of Mindset

- Beliefs - assumptions, purpose
- Language
- Habits and practices
- Framing
  - Attention
  - Interpretation - conceptual priming
  - Skill + Sensitivity
The Language of UDL

Restate the barrier as being in the curriculum not the learner.

From:  This group of students can’t read.
To:  The text complexity could be a barrier to learning the content.

From:  These students can’t write.
To:  Writing to show your understanding could present a barrier.
Try Your Own!

- Eliana doesn’t have a strong enough English skills to do well on today’s activity.
- If Maria could decode better, she would thrive in science class.
- Eleanor can’t pay attention in class when directions are given.
- Alex’s home life is terrible, so he really isn’t in the state of mind he needs to be in when he gets to school.
- David is our worst discipline issue.
UDL mindset - Discussion - **Mindset Map Template**


- What did you hear about **beliefs**?
- How was **language** used differently?
- What **habits and practices** promote and sustain a UDL mindset?
- How would we **interpret** the our experiences differently with a UDL mindset?
- What are we called to pay **attention** to in a UDL mindset?
UDL Reflections

Reflection and Moving into Year 3

- It’s my fault?
- Why don’t you see anything?
- You asked for it?
- You shouldn’t have won that.
- She asked for it.
- She’s too stupid.
- She walked into traffic.
- She bought a much better shirt.
- She said anything.
- Don’t say anything.
UDL at a Glance
UDL mindset - Discussion - Mindset Map Template


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Mindset Matters - Framing

- How do people make decisions? Thibodeau, Boroditsky
- Described a city - Addison that had a crime problem
- Described either as a beast attacking the city OR virus infecting the city

- Beast results - 74%
- Virus results - 56%
Another Framing Example

CHAIR RENTAL OPPORTUNITIES AVAILABLE

A Peaceful Escape Salon & Spa
**UDL Mindset**

**Beliefs**
- Variability is the norm
- Variability is predictable
- Educator’s job is to design for all learners

**Language**
- Options
- Design
- Universal
- Engagement
- Representation
- Action & Expression
- Expert Learners

**Habits and practices**
- Set rigorous goals
- Anticipate barriers
- Design to minimize barriers
- Provide options for learners

**Framing**
- Attention - shift focus from the student to the curriculum/environment; watch for barriers
- Interpretation - student learning and behavior are a response to environment
- Skill + Sensitivity - when do I use my designer and coach skills
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"The curriculum disables the learner."

- CAST
Confirmation Bias

Tendency to interpret new information as confirming current belief

- Maintains and reinforces mindset
- Slows mindset shift
- Interferes with communication across mindset
UDL Mindset Shift

One Size Fits All Mindset

To

UDL Mindset
Reframing Conversations

- Think of statements that you have heard or even spoken that don’t fit.
- Think about how to reframe these.
- Script your response.

Three Starters

- Angela never pays attention in class.
- Barry never uses any of the resources I give him for his assignments. It's like he doesn’t even know they exist, even though they are sitting on his desk.
- My ninth graders don’t know where to start when writing an essay. They don’t do any planning.

- Articulate your beliefs and how they align
- Pay attention to and shift language
- Identify colleagues who want to or have already shifted their thinking
- Find a few good examples of UDL in practice as anchors
The curriculum disables the learner.

- CAST
Thank you!

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#UDLMindset
Resources

- Metaphors We Live By, George Lakoff and Mark Johnson
- Metaphors We Think With: The Role of Metaphor in Reasoning, Paul H. Thibodeau, Lera Boroditsky: [https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0016782#s3](https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0016782#s3)
- Developing a Growth Mindset - Carol Dweck - [https://www.youtube.com/watch?v=hiiEeMN7vbQ](https://www.youtube.com/watch?v=hiiEeMN7vbQ)
- Five Characteristics of the Entrepreneurial Mindset, Paul Keisch - [https://www.linkedin.com/pulse/five-characteristics-entrepreneurial-mindset-paul-keisch/](https://www.linkedin.com/pulse/five-characteristics-entrepreneurial-mindset-paul-keisch/)
- Bringing the Global Mindset to Leadership, Mansour Javidan - [https://hbr.org/2010/05/bringing-the-global-mindset-to.html](https://hbr.org/2010/05/bringing-the-global-mindset-to.html)
- 5 Way to Develop a Global Mindset - [https://trainingindustry.com/articles/strategy-alignment-and-planning/5-ways-to-develop-a-global-mindset/](https://trainingindustry.com/articles/strategy-alignment-and-planning/5-ways-to-develop-a-global-mindset/)
Additional Slides that may be of interest

Keep going to see more...
Growth mindset
Carol Dweck

Beliefs
Abilities grow through hard work
Errors are opportunities
Learning is its own reward

Language
Use “not yet” VS “fail
“I love a challenge”

Habits and practices
Process errors to understand and learn from them
Seek out and embrace difficult problems

Framing
Attention
Focus on longer term

Interpretation
Learning is a pathway and if I don’t know something, I just haven’t gotten there yet.

Skills + Sensitivity
Analyzing mistakes carefully
Recognizing when you have made a mistake

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Global mindset

global mindset, n: the ability to operate comfortably across borders, cultures, and languages

Intellectual capital: Global business savvy, cognitive complexity, cosmopolitan outlook

Psychological capital: Passion for diversity, quest for adventure, self-assurance

Social capital: Intercultural empathy, interpersonal impact, diplomacy
Different Framings of UDL

Universal Design for Learning is a Framework to...

- Make learning experiences **Accessible**
- Develop **Expert Learners**
- Promote **Social Justice**
- Guide **Design Thinking in Education**
- Outline **Checkpoints** for accessible learning experiences
Examples of Mindset Shifts

- Fixed mindset to Growth mindset
- Procedural to Problem solving mindset
- Problem solving to Design mindset
- Worker to Entrepreneurial mindset
- Local to Global mindset